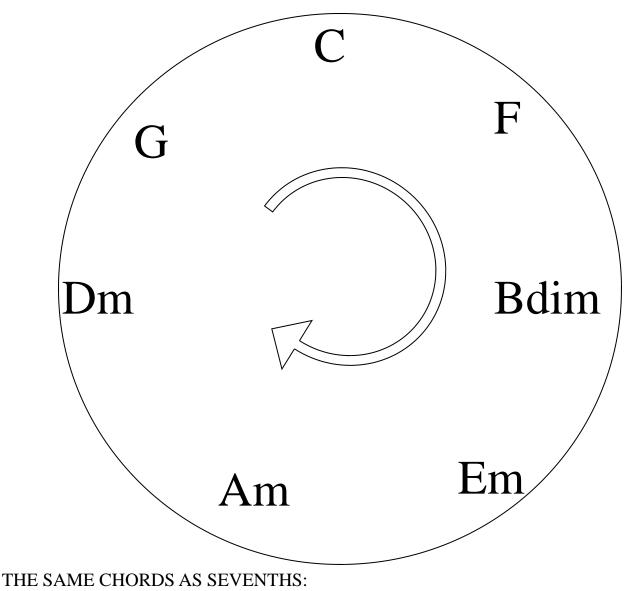
CIRCLE PROGRESSIONS Using the key of C as an example

THE EXTENDED CHORDS FROM THE DIATONIC SCALE:

C Dm Em F G Am Bdim C

THE SAME CHORDS ARRANGED IN FOURTHS:

C F Bdim Em Am Dm G C



CM7 FM7 Bm7b5 Em7 Am7 Dm7 G7 CM7